

From David Attwood...

Card 1) *How is Spirit experienced in our day to day lives?*

Card 2) *How may we respond to the inflow of Spirit?*

Card 3) *How does our emotional life facilitate the influence of Spirit.*

Card 4) *How do our emotions block the inflow of Spirit into our lives?*

Card 5) *How does our mind affect the input from Spirit?*

Card 6) *How does Spirit affect the activity of our minds on a daily basis?*

Card 7) *How our our physical condition affect the inflow of Spirit?*

Card 8) *How does Spirit enhance our physical state?*

